

WHY STUDY GCSE PE?



Revenue:
PE & Sport
contributes
£39 billion
to UK economy

Globalisation:
Premier League
is shown in 188
countries

Career:
Working for major
companies, own &
develop own
company, control
hours worked

Technology:
AI is being used
To personalise fan
experience

Submarkets:
Sporting goods,
nutrition, eSports



GCSE (9-1) PHYSICAL EDUCATION

EDEXCEL



COURSE

Theory exams x 2

Fitness and Body Systems – 1 hour 30 mins

Health and Performance – 1 hour 15 mins

Practical moderation (3 sports)

One **team** activity

One **individual** activity

One **free** choice

Coursework

Personal Exercise Programme (PEP)

Assessed by teacher, moderated by Pearson

<p>Component 1: Fitness & Body Systems</p>	<ul style="list-style-type: none"> • Topic 1: Applied Anatomy and Physiology • Topic 2: Movement Analysis • Topic 3: Physical Training ★ • Topic 4: Use of Data 	<p>36%</p>
<p>Component 2: Health & Performance</p>	<ul style="list-style-type: none"> • Topic 1: Health, Fitness and Well-being • Topic 2: Sport Psychology • Topic 3: Socio-cultural Influences • Topic 4: Use of Data 	<p>24%</p>
<p>Component 3: Practical Performance</p>	<ul style="list-style-type: none"> • One sport must be a team <u>sport</u> • One sport must be an individual <u>sport</u> • Additional sport is either team or individual <u>sport</u> <p>You must be willing to attend extra-curricular PE and play school sport.</p>	<p>30%</p>
<p>Component 4: Personal Exercise Programme (PEP)</p>	<p>Written coursework is out of 20 marks, worth 10% of the overall qualification. In this component you are expected to plan, carry out and evaluate a personal exercise plan.</p>	<p>10%</p>

TIMETABLE

6 lessons over 2 weeks

4 theory lessons

2 practical lessons

+ Core PE (2 per week)



4 practical lessons
every week

&

2 theory lessons
every week

THEORY CONTENT

Theory

Course content covered in classroom

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	Applied Anatomy & Physiology			Physical Training	Movement Analysis & NEA: PEP	
Year 11	Health, Fitness & Well-being	Sports Psychology	Socio-cultural Influences	Course Review		

PRACTICAL CONTENT



Practical

Course content covered in PE Department

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Handball	Netball	Badminton	Football/Table Tennis	Personal Exercise Programme TESTING	

Students can be assessed in any sport included in the course specification Eg; road cycling, skiing

[Edexcel practical specification](#)

WHAT PE IS NOT...

✘ AN EASY SUBJECT (GCSE)

✘ JUST PLAYING GAMES

✘ PEOPLE WHO ARE NOT WILLING
TO PERFORM

KEY STAGE 5 ~ WREN SIX

BTEC Level 3 Extended Certificate in Sport



CAREERS IN SPORT

**Sports
Nutritionist**

Physiotherapist

PE Teacher

**Personal
Trainer**

Sports Reporter

Biomechanist

Sports Editor

Statistician

**Sports
Therapist**

Physiotherapist (part-time)

- 🏠 Elmhurst Ballet School
- 📍 Elmhurst Ballet School, Edgbaston, Birmingham
- 📅 2 February 2024
- 📄 £30,000



Football Development Officer

- 🏠 Fulham Football Club Foundation
- 📍 Worcester Park
- 📅 4 February 2024



Wheelchair Basketball Head Coach

- 🏠 Cardiff Metropolitan University
- 📍 Cardiff
- 📅 4 February 2024
- 📄 £27,979 - £32,982

Strength and Conditioning Coach

- 🏠 University of Stirling
- 📍 Stirling, Scotland
- 📅 4 February 2024
- 📄 £29,605-£36,024



Female Pathway Physical Performance Coach

- 🏠 Stadium MK
- 📍 Stadium MK
- 📅 2 February 2024
- 📄 £11.36

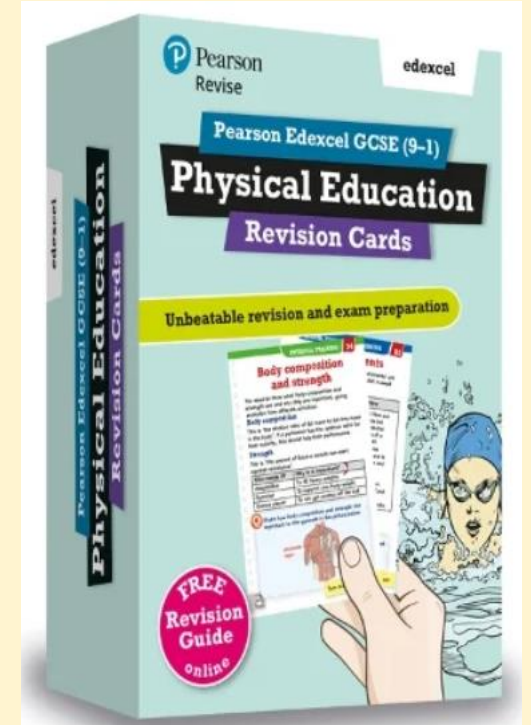
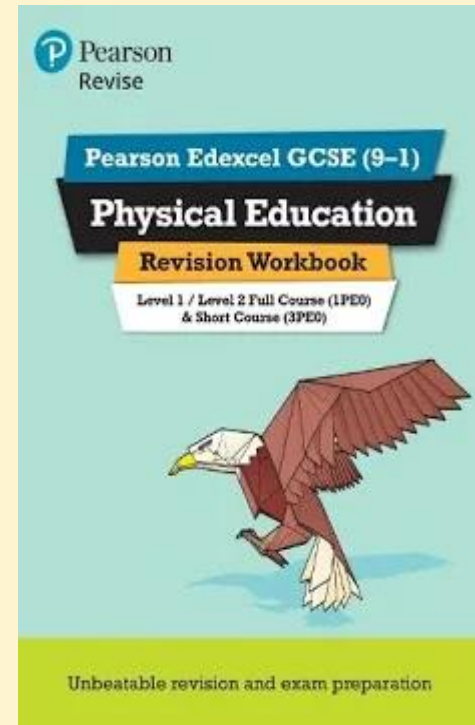
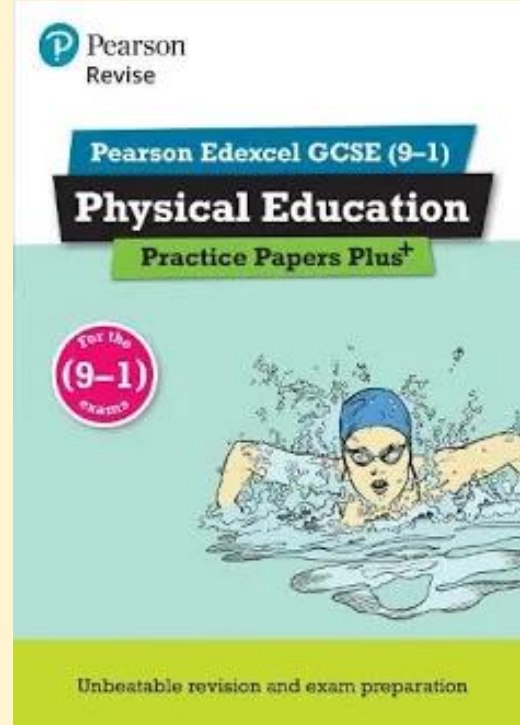
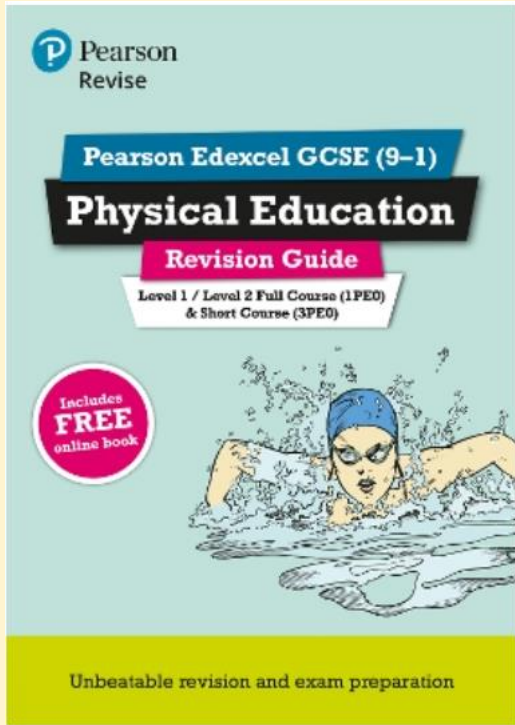


Academy Athletic Performance Coach

- 🏠 Bristol Bears
- 📍 Bristol Bears High Performance Centre, Abbots Leigh, Bristol, BS8 3TF and partner schools within the Bristol area
- 📅 2 February 2024
- 📄 £25,000 - £27,500 per annum depending on experience



SUPPORT



FURTHER INFORMATION

- For further information, please discuss during the break this evening or with your child's PE teacher during **Progress Evening, Thursday 5th February 2026.**
- cmorris@wren.excalibur.org.uk

